

Sessions: Session I (Saturday, April 10, 2010): Warm-ups: 8:00 AM Start: 9:00 AM
Session II (Sunday, April 11, 2010): Warm-ups: 8:00 AM Start: 9:00 AM

Entries: All entries must be submitted via email in Hy-tek format. No late entries will be accepted. Meet entries will be due by midnight, Sunday, April 4, 2010.
E-Mail: eshields@vosymca.org

Entry Fees: \$5.00 LSC surcharge
\$3.00 per individual event
\$6.00 for relays
Entry fees are due by the start of the first session, Saturday, April 10, 2010. Payment may be made by cash, check or credit card. Make checks payable to **YMCA Westside Silver Fins**.

Awards: Individual events will be swum as 8 and under events for boys and girls but will be awarded in the following categories:
8 years old boys and girls
7 years old boys and girls
6 years old and under boys and girls
Distinctive ribbons will be awarded for 1st through 16th place for individual events for each of the above categories.

Relays will be swum as 8 and under events for boys and girls.
Traditional ribbons will be awarded for 1st through 8th places for relays events with only two relays per team eligible for awards. All combined team relays will be eligible for awards.

Concessions: There will be a snack bar and swim vendor available at this meet.

Timing: Volunteers will be asked to time for all events.

Parking: Parking availability at the YMCA is restricted. Expect officials, coaches and volunteers to park in lot adjacent to the YMCA (main parking lot). There will be a drop off/ pick up area located near the community entrance of the pool for anyone that is not a coach, official or volunteer. All parents and swimmers must use church parking lot to the east of the YMCA. Please enter the church parking lot using the driveway immediately east of the YMCA parking lot entrance on Thomas. Please do not use the parking lot located on the Northwest corner of the YMCA. It is for the city of Goodyear skate park only.

Session I – Saturday, April 10, 2010
 Warm up: 8:00 AM Start: 9:00 AM

Girls	Time	Event	Time	Boys
1	NT	8 and u 100 Medley Relay	NT	2
3	NT	8 and under 100 Free	NT	4
5	NT	8 and under 25 Fly	NT	6
7	NT	8 and under 50 Breast	NT	8
9	NT	8 and under 25 Free	NT	10
11	NT	8 and under 50 Back	NT	12
13	NT	8 and u 100 “Fun” Free Relay**	NT	14

** Events 13 and 14 will be “fun”, exhibition events in which athletes will be challenged to do a little something extra during their relay! Officials will explain the challenge prior to the start of the event.

Session II – Sunday, April 11, 2010
 Warm up: 8:00 AM Start: 9:00 AM

Women	TIME	Event	TIME	Men
15	NT	8 and u 100 Free Relay	NT	16
17	NT	8 and under 100 IM	NT	18
19	NT	8 and under 25 Back	NT	20
21	NT	8 and under 50 Free	NT	22
23	NT	8 and under 50 Fly	NT	24
25	NT	8 and under 25 Breast	NT	26
27	NT	8 and u 200 “Fun” Free Relay	NT	28

** Events 27 and 28 will be “fun”, exhibition events in which athletes will be challenged to do a little something extra during their relay! Officials will explain the challenge prior to the start of the event.